

Drive Safely



ADTSEA Parent Guide

*A Skills Log for conducting
supplemental in-car instruction*



American Driver
& Traffic Safety Education
Association

<http://adtsea.iup.edu>



FOREWORD

The purpose of this skills log is to assist parents and other mentors in conducting 50 hours of instruction. This skills log may be used by parents, mentors, or other adults who are providing this driving instruction. It is essential that the new drivers not only practice each maneuver, but also develop their visual search, perceptual, judgmental and decision making skills.

A review of crash investigations illustrates the consequences of inexperience when responding to routine traffic situations. Regardless of age, inexperience is a major factor in new driver crashes.

Our goal is to substantially reduce the chance of a new driver being involved in a crash. We believe your participation in providing at least 50 hours of directed in-vehicle instruction with the new driver will help in attaining this goal. It is essential that you provide at least 50 hours of directed practice. You may be able to complete some units in one hour, but you are not finished. The next time you drive the same environment practicing the same skills, you may encounter different driving situations. This is what experience is all about. New drivers must also be challenged with as many different driving situations as possible while driving with you. Then, when driving alone, they will be able to make the correct driving decisions.

TABLE OF CONTENTS

Why a Parent/Mentor Involvement Program	5
Developing Awareness of Environmental Conditions	6
General Guidelines for Conducting In-Vehicle Practice	7
I DEVELOPING BASIC DRIVER ACTIONS	8
Lessons 1 through 3	
Pre-Driving Checks and Adjustments	8
Pre-Entry Checks	8
Getting Ready to Drive	9
Starting the Engine	10
Moving the Vehicle	11
Moving Forward	11
Approaching Intersections	11
Stopping	11
Steering and Turning	12
Backing	13
Parking and Securing the Vehicle	14
Driver Performance Check List Lessons 1-3	15
II DRIVING IN LIGHT TRAFFIC	17
Lessons 4 and 5	
Entering Traffic from the Side of a Street	18
Entering Traffic at an Intersection	19
Leaving Traffic	19
Parking on an Upgrade with a Curb	19
Parking on a Level Surface or Upgrade without a Curb	20
Parking on a Downgrade with/without a Curb	20
Driver Performance Check List Lessons 4-5	21
III DRIVING IN MODERATE TRAFFIC	23
Lessons 6 and 7	
Changing Lanes	23
Using a Shared Left Turn Lane	24
Using Multiple Turn Lanes at an Intersection	24
Driver Performance Check List Lessons 6-7	25
IV PARKING MANEUVERS	27
Lessons 8 through 10	
Angle Parking	27
Entering an Angle Parking Space	27
Exiting an Angle Parking Space	27

Parallel Parking	28
Entering a Parallel Parking Space	28
Exiting a Parallel Parking Space	29
Turnabouts	29
Backing into an Alley or Driveway	29
Heading into an Alley or Driveway on the Left	30
Driver Performance Check List Lessons 8-10	31
V DEVELOPING EFFECTIVE VISUAL SEARCH SKILLS	33
Lessons 11 through 19	
Background Information	33
Assessing Highway Conditions (Lessons 11 and 12)	33
Areas of Limited Visibility	33
Areas of Reduced Space	33
Areas of Reduced Traction	33
Identifying and Responding to Traffic Control Devices (Lessons 13-15)	34
Traffic Signs	34
Traffic Lights	34
Pavement Markings	34
Searching for Clues to Other Road Users (Lessons 16-19)	35
Other Roadway Users	35
Other Vehicles	35
Drivers	36
Pedestrians, Bicyclists, and Animals	36
Driver Performance Check List Lessons 11-19	37
VI DRIVING IN DIFFERENT ENVIRONMENTS	39
Lessons 20 through 25	
Intersections, Highways, and Freeways	39
Driver Performance Check List Lessons 20-25	41
VII PASSING ON TWO LANE HIGHWAYS AND ADVERSE CONDITIONS	43
Lesson 26 through 40	
Passing Another Vehicle	43
Being Passed	43
Adverse Weather Conditions	44
Night Driving	44
Adverse Driving Conditions	44
Driver Performance Check List Lesson 26-27	45
Appendix I	47